

COVID Group Contacts Letter

Notification of a Positive COVID-19 Case in the School Setting

Dear Parent,

A student (or teacher/coach) in your child's class (or name the classroom, group or team) has been diagnosed with COVID-19. The last time the infected person was in the school setting while they were contagious is _____(date).

- The most common symptoms of COVID infection are cough, fever and shortness of breath; muscle aches, sore throat and fatigue are also common.
- Symptoms usually develop between 2 to 14 days after last exposure.
- Some infected people never develop symptoms.

You should:

- Monitor your child for symptoms and do temperature checks at least twice daily for 14 days after the last exposure to the infected person while they were contagious.
- Consult with your child's physician for evaluation and need for testing if your child develops symptoms.

Some children in this classroom may be at higher risk due to close contact (within 6 feet of the infected person for 15 or more minutes). These children will receive a separate notification instructing them to quarantine and not return to school for 14 days after the last exposure. As a reminder, always keep your child at home if they are ill for any reason.

For additional information please see:

Centers for Disease Control and Prevention

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

Iowa Department of Public Health <https://coronavirus.iowa.gov/pages/resources>

Sincerely,

Anthony Ryan
Superintendent of Schools

Mrs. Monica Blanchard, RN
School Nurse

Mrs. Kelsey Cole, RN
School Nurse

COVID Close Contacts Letter

Notification/Instructions for Close Contacts to COVID-19 in the School Setting

Dear Parent/Teacher/Staff,

You or your child have been identified as a close contact to a case of COVID-19 in the school setting. A close contact is defined as any individual within 6 feet of the infected person for at least 15 minutes or greater. Based on this close contact the following instructions are provided.

For 14 days following potential exposure, you or your child:

- Will be excluded from the school setting for a minimum of 14 days after last exposure to the case of COVID-19.
- Should remain quarantined at home for 14 days after your (or your child's) last exposure to the case.
- Are recommended to get tested for COVID-19 following your exposure even if you do not have symptoms. IDPH maintains a list of testing sites on the website at <https://www.testiowa.com/en> (Please let your provider know that you have been exposed before you go in for testing.)
- Should monitor for symptoms and take your (child's) temperature twice a day for a minimum of 14 days from your last exposure.
- May return to school following the 14-day quarantine and school exclusion period if no symptoms develop. A repeat negative test is not required.

If at any point your (child's) temperature is 100.4°F or more or your child starts having any of the symptoms (e.g. fever, cough, shortness of breath), contact your healthcare provider for evaluation and retesting if indicated.

For additional information please see:

Centers for Disease Control and Prevention <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>
Iowa Department of Public Health <https://coronavirus.iowa.gov/pages/resources>

Sincerely,

Anthony Ryan
Superintendent of Schools

Mrs. Monica Blanchard, RN
School Nurse

Mrs. Kelsey Cole, RN
School Nurse

Positive COVID Case letter
Instructions for Individuals with COVID-19 in the School Setting

Dear Parent/Staff member,

You have reported to the school that you or your child have recently tested positive for COVID-19. Please see the following instructions:

- You or your child may not return to the school setting until 10 days from the day your symptoms started. If you or your child had no symptoms, you may not return until 10 days from the date of the positive test.
- You or your child must also be fever-free for at least 24 hours (without fever-reducing medication).
- You and your child must also have improvement of symptoms prior to returning to school.
- During this time your child may not participate in any extracurricular school activities or sports.
- The individual who tested positive should stay away from all persons at home. He/she should not be in contact with anyone, including the other people in the home.
- A negative test will not be required prior to return to school as long as the above criteria are met.
- A note from your physician is not required for return to school.

For additional information please see:

- Centers for Disease Control and Prevention <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>
- Iowa Department of Public Health <https://coronavirus.iowa.gov/pages/resources>

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